

### **Outstanding International/National Faculty**

**David Denborough** works as a teacher and writer/editor for Dulwich Centre Publications and a community practitioner. David teaches and works around the world and use of songs in response to current social issues.

**David Epston, MSW** is considered the co-founder, with Michael White, of what has come to be known as Narrative Therapy. He has published extensively on the subject and his best known books are White and Epston (1990), **Narrative Means to Therapeutic Ends**, which has been translated in to 12 languages; Epston and White(1992), **Recent publications include** Maisel, Epston and Borden(2004) and **Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia** released in 2008.

**Paul Gallant, PhD, LCSW, LMFT** is Associate Professor and Clinical Director of the Master of Family Therapy Program at the Mercer University School of Medicine, Macon, Georgia. He has thirty years experience and teaching around the world.

**Cheryl White** is the Director of Dulwich Centre and the founder of Dulwich Centre Publications where she works as publisher, editor, teacher and training co-ordinator. Cheryl is vitally interested in the interface between Narrative Therapy and work groups and communities.

**Angel Yuen, MSW** is a school social worker in Toronto and private therapist. She is a member of the Dulwich Centre faculty in Adelaide, Australia for their International Narrative Therapy and Community Work Program and also their Responding to Hardship International Training Program.

### **Local Faculty and Small Group Co-Trainers**

**Walter Bera, PhD, LP, LMFT** Training/Supervision Coordinator, faculty and approved supervisor for LP, LMFT, and LPCC.

**Heather Klein, PhD, LP**, faculty and supervisor for LP and LPCC.

**Kelsey Kreider Starrs, LICSW** and Co-Trainer.

**Romy Sundem, LMFT** and state approved supervisor for MFT.

**Sarah Gravelle, LMFT** trainer, SHARP Coordinator and supervisor.

**Gary Schoener, LP**, Legal/Ethical, Walk-in Counseling.

**Ben von Ende, LICSW** and Co-Trainer.



Kenwood Center  
2809 S Wayzata Blvd  
Minneapolis, MN 55405



## Kenwood Center Narrative Therapy Certificate Program



Narrative Therapy Co-founder David Epston, Auckland



Cheryl White and David Denborough,  
Dulwich Centre - Adelaide, Australia

### **Kenwood Therapy Center**

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### *What is Narrative Therapy?*

Ethically and culturally sensitive, respectful, creative and effective ideas and practices recognizing that people use narratives to make meaning of their lives and identity.

- Externalization: The Person is not the Problem.
- Your knowledge and values are respected.
- Narrative practice is a collaborative and creative process applicable to individuals, couples, families, organizations and communities.
- Fully recognizes the grand narratives and influence of history, culture, class, gender, ethnicity, race, sexuality, politics, etc., and their effects. on personal narratives.

### *Why Should You Attend?*

Train with the founders, leading developers and teachers of Narrative practice in the world, nation and locally. The **Kenwood Center Narrative Therapy Certificate Program** is highly recognized and relevant to psychologists, social workers, marriage and family therapists, pastors, medical professionals, educators, counselors, coaches and other helping professionals and community organizers and activists.

Interested participants sign a **Narrative Therapy Certificate Program Commitment Agreement** and will be asked to buy texts and pick up their syllabus. They also get an additional \$10 discount on any Friday workshop or \$10 off per day on the Fall 2011 or Spring 2012 Intensives. This is non-retroactive. If you have already paid for an Intensive or workshop at the regular price, and decide to begin the Certificate Program and complete the Agreement, you can begin receiving your \$10 discount/workshop day for the next workshop you register for. There is no penalty to drop out if you give at least 30 days notice and the workshops and small groups attended are noted if the participant should wish to return to the program at a later time.

### *A Unique Learning Experience*

This eight-month program is a challenging advanced clinical training with eight didactic workshops and six three-hour small intensive group or the equivalent of individual sessions for participants to learn, practice and apply Narrative Therapy ideas and practices to their lives and work.

### *Clear Obtainable Results*

Participants completing the course will be able to competently and effectively apply Narrative Therapy to their lives and work while gaining a supportive consultation network. Graduates are provided with the opportunity for further study in a Level II course.

### *NEW: Affordable and Flexible Schedule with Monthly Wednesday Evening, Friday Morning and Saturday Morning Small Groups with Skype Participation Available for Distant Learners*

Our structure provides for an affordable and flexible schedule by allowing participants to pay as they go and giving extra time for them to complete the course, if necessary. Fall and Spring Intensive or Friday full-day workshops and three hour small groups recognize the existence of people's work, family or geographical limitations. The Certificate acquisition process can be extended for two years if life or work get in the way and still successfully complete the program.

This program is especially affordable because the small group and individual sessions can provide hours for post-degree licensure for LP, LMFT and LPCC, as well as CEUs for licensed professionals. Group sessions cost \$100 per person for a 3 hour session, and will consist of about 6 people. A credit card is held on file for workshop, group and text payments as you go. A group make-up session is sometimes scheduled at the end of the program to help people who may have missed a session in completing the Certificate.

Participants can drop out of program with 30 days notice if program is not a good fit for them or if there is an issue with group dynamics. Note that we are experimenting with Skype as a convenient option for distant learners.

Earn the highly recognized **Kenwood Center Narrative Therapy and Coaching Certificate** by fulfilling the following requirements:

1. Eight day-long didactic workshops (6 - 6.5 CEU's awarded for each day) can be completed either during the five day Fall and Spring Intensives or the Monthly Friday workshops or a combination of the two.
2. Six three hour small groups held monthly from November through April focusing on practice oriented training and supervision. Now we are experimenting with distance learning options via Skype:
  - a. Third Wednesday evening of the month from 6 pm - 9 pm.
  - b. Third Friday morning of the month from 9 am - Noon.
  - c. Third Saturday Morning of the month from 9 am - Noon.
  - d. Individual or dyad Narrative Training/Supervision is available at \$110/hour.
3. LP, LMFT and LPCC post-degree supervision hours can be obtained during most of the small groups, depending on who is leading it. A variance is needed by some boards for Skype distant supervision. 2.5 - 3 CEUs and certificates of attendance awarded for each small group that may be used for their board.
4. Completion of Assigned Texts or Readings
5. One Reflection Paper is required at end of Fall and Spring Semester and can be e-mailed to your respective Small Group Leader.
6. One digital or video recording of five minutes of a role play or actual therapy is required per semester demonstrating a Narrative skill you learned that you are proud of sharing.